

Role Profile – Strength & Conditioning Coach (Women’s Team)

Job Title:	Strength & Conditioning Coach (Women’s Team)		
Reports To:	Women’s Team Manager	Jobs Reporting into the Job Holder:	
Job Purpose			
To be responsible for the development and implementation of the Women’s Team sports science plan in line with the Club’s overall strategy for developing elite players			
Principal Accountabilities/Responsibilities			
<p>Lead, deliver and enhance the Women’s Team sports science provision – to prevent injury and to enhance individual and collective athletic performance.</p> <p>This will include:</p> <ul style="list-style-type: none"> Lead and report on fitness testing. Lead training and match day warm up. Lead prehab and rehab sessions. Design and implement individualised weekly gym programmes. Undertake all reasonable tasks assigned by the Manager. 			

Knowledge/Experience/Skills

a) Knowledge/Experience/Technical Skills

Essentials

- UKSCA Member
- Degree in Sports Science (or due to complete in the next 12 months)
- Must be available to work Tuesday's and Thursday's 7pm – 9pm, plus home and away match fixtures on Sunday's.

Desirable

- Experience working with female athletes

Further Information

Will the job-holder have direct access to young persons under the age of 18, within the context of the job or any subsequent related activities or responsibilities? YES

Where the answer to the above question is **YES** the following wording will be included in any advertisement

“As this role involves direct access to young persons under the age of eighteen, within the context of the job or any subsequently related activities or responsibilities, the successful candidate will undergo a thorough screening process, which will include a Criminal Records Bureau Disclosure, to ensure their suitability for the role”

Contact: jennie.swarbrick@fc-utd.net (Please send CVs into this email)

Pay: Please note this is an unpaid voluntary role.